

CULINARY WALKING ADVENTURE

Provence Culinary Markets, Vineyards & Kitchens of the South of France

CLASSIC JOURNEYS
THE WORLD'S FINEST WALKING TOURS



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*Classic Journeys
provides unbeatable
access to experiences
around the globe.”*

TRAVEL + LEISURE

Sun-Drenched Food & Wine of Southern France

Provence is a food lover's dream *par excellence*. Imagine walking in thyme-scented countryside, ambling home from the market with mesh bags full of amazing produce, and pouring an extra splash of wine to prolong an evening on the terrace. You'll live the Provençal lifestyle for a week in a captivating sampling of the region's finest small hotels, most engaging locals, and most delicious cuisine. Every day, there's something new as you visit hilltop villages and walk to Roman ruins and an ochre quarry. Your week includes three cooking instruction sessions, getting tips and secrets to Provençal cooking from a local chef...meeting the farmers and artisans for whom the area is justifiably famous...visiting local markets...and being welcomed to a private wine-tasting at Châteauneuf-du-Pape's finest cellar.

The Classic Journeys Difference

- ACTIVE HIKING & WALKING
- LOCAL WELL-CONNECTED GUIDES
- PREMIERE HOTELS
- FOODIE FOCUSED
- HANDCRAFTED TRIP DESIGN
- MORE IS INCLUDED

What's Included

- All breakfasts, 3 lunches, 4 dinners and 3 cooking instructions
- Full-time experienced guide(s) who are with you throughout the trip and handle behind-the-scenes logistics
- Admissions to tastings, historic sites and other scheduled events as noted in the detailed daily itinerary
- Gratuities for hotels, meals, and baggage
- All land transportation during the trip

Above & Beyond Benefits

→ INVISIBLE CHECK-IN

When your group arrives, we whisk you and your bags to your room immediately. No waiting – no tipping.

→ PERFECT PAIRINGS DINNERS

A special dinner prepared by one of our favorite chefs with a procession of wines tailored to each course.

→ WINE ON US

In many regions, we uncork wonderful local wines at every dinner, compliments of Classic Journeys.

→ PRIVILEGED ACCESS EVENTS

One-of-a-kind access to remarkable people, places and activities arranged just for you.

Terrain

Easy to moderate on good trails and city streets

CLASSIC JOURNEYS ITINERARIES MAY BE SUBJECT TO SLIGHT CHANGES, HOTEL SUBSTITUTIONS, AND OTHER MODIFICATIONS.

DAY 1 »

Avignon

Meet Meet in Avignon, one of France's loveliest cities, and begin your explorations with a visit to the Palais des Papes (Palace of the Popes). In the 14th century, seven Popes resided here instead of Rome...and their grand accommodations in this walled city are a sight to behold. Walking around the impressive medieval fortress, you can marvel at the towering walls, ornate decorations, and breathtaking views of the city. Avignon is a vibrant town set amidst charming cafes and lively street performers, all of which mingle to begin forming a delightful Provençal backdrop.

After a leisurely walk around town, you will have worked up an appetite for a dinner of local specialties...*bon appetit!*

MEALS: D

OVERNIGHT: VILLENEUVE-LÈS-AVIGNON

DAY 2 »

Gordes / Roussillon

Today offers you the chance to venture into the heart of Provence, into the area called the Luberon, made famous by Peter Mayle's book "A Year in Provence." You'll start with an easy riverside walk that begins in the medieval village of Fontaine de Vaucluse, where the emerald green waters of the River Sorgue flow from a gigantic cliff spring, one of the most powerful in the world. You'll also see the hilltop village of Gordes, spiraling to the fortified castle at its top, on your way to the village of Roussillon, famed for the 17 different shades of red sandstone used in its construction. After lunch, take an easy, beautiful walk through the ochre quarries from which the building blocks were hewn.

Later this afternoon, join a Michelin-starred for an amazing cooking instruction. They share the secrets of cuisine à la Provençale, the complex and savory flavors built on fresh herbs, peppery olive oil, garlic, and tomatoes. With the kitchen full of fresh Mediterranean produce, roll up your sleeves, fire up the stove, and get a memorable hands-on lesson

MEALS: B, D

OVERNIGHT: SAINT-RÉMY-DE-PROVENCE

DAY 3 »

Arles / The Camargue

The seaport of Arles may have had its first moment of glory in the first century B.C. when it backed Julius Caesar, but you can be forgiven if you instead link it inextricably to Vincent Van Gogh. It's where he painted a starry night, haystacks and sunflowers, and his self-portrait with bandaged ear. On a guided walk this morning you'll see the enormous Roman amphitheater, the cloisters and so many sights that seem little changed since Van Gogh put them on canvas 130 years ago.

Arles is the main city of the marshy seaside region known as the Camargue where you explore this afternoon. You'll have lunch in Saintes-Maries-de-la-Mer where legend says that Mary Magdalene was cast ashore after fleeing the Holy Land after the resurrection. You'll see fisherman hauling the catches ashore and in the wide open marshes you can spot herds of wild horses and flamingos flocking. This evening, return to Saint-Rémy-de-Provence for a delicious dinner at one of the wonderful, local restaurants.

MEALS: B, L

OVERNIGHT: SAINT-RÉMY-DE-PROVENCE

DAY 4 »

St. Rémy / Les Baux

Your first destination this morning is Saint-Rémy-de-Provence for its famous weekly market. With your now discerning eyes, you'll shop for provisions - maybe a baguette, cheese, *saucisson*, some local fruits, and a pastry or two. Your market purchases will come out later for a picture-perfect midday picnic.

Your afternoon countryside walk is in Les Baux. The spectacular village teeters atop a rocky outcrop in the Alpilles mountains surrounded by extraordinary rock formations. (The village lent its name to Bauxite, the aluminum ore that was discovered here in the early 19th century.) A guest favorite and Instagram-worthy experience today is the town's monumental sound and light show, where dramatic images are projected onto vast stretches of natural rock.

After the incredible show, head back to Uchaux for some downtime before another excellent dinner in the quaint town of Grignan.

MEALS: B, L, D OVERNIGHT: UCHAUX

DAY 5 »

Châteauneuf-du-Pape / Pont Du Gard

After a leisurely breakfast of fresh yogurt mixed with local fruits and preserves spread on warm rolls, you'll walk through the vineyards of Châteauneuf-du-Pape, where the vines have been tended since the days of the Avignon popes. The restored 13th-century cellars you visit are a step back in history. You can bet you'll have time for a leisurely tasting of some of the best growths with the cellars' own sommelier.

Crossing the Rhône valley, you're welcomed to the home of a local chef, where you can take your newly acquired cooking skills to the next level. Over lunch, savor the results of your burgeoning endeavors.

Later this afternoon, set out on a beautiful country walk. At the end: the soaring Pont du Gard. Both an aqueduct and a bridge, it is one of the remaining Roman wonders of Provence, spanning the Gardon River for nearly 2,000 years. Keeping up the Roman theme, you'll also visit the massive theater of Orange, another of the best-preserved structures dating back to ancient times.

MEALS: B, D OVERNIGHT: UCHAUX

DAY 6 »

Séguret

Try not to fill up on breakfast, as this morning you'll get the opportunity to visit to Le Mesclun, a classic restaurant in the heart of the village of Séguret. Here, you'll be treated to a cooking instruction in the chef's own kitchen, followed by lunch in the dining room with its view over the Rhône Valley. Full and happy, walk the beautifully preserved old town of Séguret with your guide. Its commanding location on a rocky cliff protected the town from attack since Roman times, and you'll find ruins that date back to those early defenders. You'll soon see why the town is known for its picturesque streets, medieval architecture, and iconic views of the surrounding countryside.

Later you'll head to Avignon TGV where you'll part company. Your fond memories and hand-crafted recipes mean you can recreate the aromas and flavors of your Provençal adventure again and again in your own kitchen.

MEALS: B, L

Tour Hotels



[Le Prieuré](#)

Just a few minutes from the heart of Avignon, this serene 5-Star Relais & Chateaux hotel, with a Michelin-starred restaurant, is a subtle blend of past and present.

NIGHTS: 1 nights



[Le Saint-Rémy](#)

At the foot of the Alpilles and in the heart of the historic village of Saint-Rémy-de-Provence, this 5-star hotel is nestled in a 19th-century townhouse and features a spa, outdoor pool, and a restaurant with garden and terrace

NIGHTS: 2 nights



[Chateau de Massillan](#)

Built in 1555, former hunting lodge of Henri II and Diane de Poitiers, Le Chateau de Massillan combines luxury, sophistication, and respect for the natural environment.

NIGHTS: 2 nights

Arrival & Departure

→ ARRIVAL DETAILS

START LOCATION: **Lobby of Le Prieure**
START CITY: **Avignon**
START TIME: **4:00 PM**

→ DEPARTURE DETAILS

END LOCATION: **Avignon Centre Rail Station**
END CITY: **Avignon**
END TIME: **4:50 PM**